

VENUE INFORMATION

Parc Bryn Bach in Tredegar is a first class venue with an established track record in hosting major sporting events, such as triathlons, aquathlons, 10k races and cycling events. The 8km course undulates around the 340 acres with a mixture of riding that include cross country, road and single track riding, with the lake at the centre of the park.

Facilities (available from early Saturday morning until 5pm Sunday afternoon):

- On-site drinking water
- Visitor centre with hot and cold food and licensed bar
- Free onsite camping
- Limited bunkhouse accommodation
- Flushing toilets
- Hot showers
- Abundant parking
- Well marshalled and signed course.
- Trade arena to browse at your leisure throughout the weekend
- Light charging facilities
- Bike wash
- Small fairground rides and entertainment, E.G. face-painting for the family.

Parc Bryn Bach Rules

- Speed limit 5mph in the park
- Please restrict the use of your vehicle and beware of speed ramps, uneven ground, children, dogs, bikes etc.
- Between 7pm on Saturday and 7am on Sunday the park gates will be secured and there will be limited access. If you are arriving between these times please use extreme caution.
- Dogs must be kept on a short lead - and clean up after them!
- No open fires.
- Skips are provided for all litter disposal.
- Please bag up all your rubbish making sure your camping area/pit is completely litter free before you leave.

Contacts:

For information regarding the course, race rules or camping, please contact Parc Bryn Bach at:

Address: Merthyr Road, Tredegar, Gwent NP22 4AY

Telephone number: 01495 711816

Website: www.parcbrynbach.com

Email: parcbrynbach@blaenau-gwent.gov.uk

For information regarding registration, facilities and entry fees, please contact Hospice of the Valleys at:

Address: Park Gate Business Centre, Morgan Street, Tredegar NP22 3ND

Telephone number: 01495 712937

Website: www.hospiceofthevalleys.com

Email: helen@hospiceofthevalleys.com