

Hospice of the Valleys
 Park Gate Business Centre
 Morgan Street
 Tredegar
 NP22 3ND

Tel: 01495 717277

From the M5:

Take the M50 then A40 to Monmouth. Stay on the A40 to Abergavenny where you will join the A465 to Merthyr. At the 5th roundabout signposted Tredegar turn left and follow the A4048 signposted Blackwood. Turn right at the 5th roundabout towards the town centre and travel up hill with the park on your LHS. Immediately next to the park is the Masonic Hall and a car park. The Hospice is the next building with a car park to the rear

From the South West M4:

Exit M4 at junction 24 turning right onto A449 towards Raglan. Turn left at Raglan onto the A40 towards Abergavenny. At Abergavenny join the A465 towards Merthyr. At the 5th roundabout signposted Tredegar turn left and follow the A4048 signposted Blackwood. Turn right at the 5th roundabout towards the town centre and travel up hill with the park on your LHS. Immediately next to the park is the Masonic Hall and a car park. The Hospice is the next building with a car park to the rear

From Cardiff:

Exit M4 at junction 32 left onto the A470 to Merthyr Tydfil. Approaching Merthyr turn right onto the A4060 and continue to where the road joins the A465 Heads of the Valleys road. Turn right onto the A465 towards Abergavenny. At the Tredegar roundabout turn right and follow the A4048 signposted Blackwood. Turn right at the 5th roundabout towards the town centre and travel up hill with the park on your LHS. Immediately next to the park is the Masonic Hall and a car park. The Hospice is the next building with a car park to the rear

